

Program Information Packet

Kayak Basics



- Welcome to Kayak Basics
 - We are looking forward to a fun afternoon in the pool filled with smiles, friends and lots and a whole bunch of boats. This packet is filled with information about your program.



Parks,
Recreation and
Cultural Resources
parks.raleighnc.gov



Location and Contact

- Kayak Basics will be meeting at Optimist Pool (5902 Whittier Dr. Raleigh) from 1:00 PM – 5:00 PM

Location Notes

- Please enter the pool through the front gate, there will be a roster there for you to sign in. Entry fees are waived for program participants.

Weather

- This program takes place entirely indoors in a heated pool and climate controlled environment. Severe weather such as thunderstorms, snow and ice may result in temporary closures.
- Weather related programming decisions will be made by Adventure Staff on a case by case basis depending on the venue, duration and activities involved in the program.
- Program adjustments/cancellations may be made up to the programs start time.
- If you are concerned about weather conditions, please contact Adventure Program Staff.
- The City of Raleigh provides full refunds for weather related cancellations.
- If you choose to withdraw within 14 days of the scheduled date, you will not receive a refund. Please contact the Adventure Program Office with any questions

• Contact Information

- Adventure Program Office – (919) 996-6855; adventure.program@raleighnc.gov
 - Monday - Friday
- Adventure Program Manager – (919) 830-8746 zac.huston@raleighnc.gov
 - Day of program

Program Itinerary

1:00
PM

Intro's

Safety

Equipment

2:00
PM

Strokes

Maneuvers

Rescues

Games

4:30
PM

Group
Debrief

Questions?

What to Bring

- Water & Water Bottle, snacks
- Water clothes
 - Swim shirt
 - Swimsuit
 - Water shoes
 - Optional in the pool
- Towel
- Change of dry clothes
- Personal Gear
 - If you have your own Boat, paddle, or PFD, feel free to bring it



Adventure Program Provides

- Instruction
- Boats
- Paddles
- PFD's
- Rescue Equipment



Please Leave at Home or in the Car

- Inappropriate Attire
 - Flip flops/open toed shoes
 - Spaghetti strap tank tops
 - Clothing with drug, alcohol, tobacco, or gang references
- Phones
- Personal Electronic Devices
- Jewelry
- Toys, Stuffed Animals
- Pocket Knives
- Lost Items
 - The City of Raleigh Parks, Recreation, and Cultural Resources Department is not responsible for any personal items lost or stolen at our programs.

